

5678 DANCE CLASSES

5678 DANCE INC. AT P-REC

Fall 2018-Spring 2019 Schedule



Afternoon/ Evening	Monday	Tuesday	Wednesday	Thursday	Friday
3:00-3:55pm	Hip Hop (5-10 yrs)	Jazz/Ballet/Tap (4-8 yrs)	Acro (5-10 yrs)	Ballet/Tap (2.5-5 yrs)	X
3:30-4:25pm	X	X	X	X	Cheer (5-14 yrs)
4:00-4:55pm	Ballet/Tap (2.5-5 yrs)	Hip Hop/Acro (3-7 yrs)	Hip Hop (3-7 yrs)	X	X
4:30-5:25pm	X	X	X	X	Hip Hop/Acro (5-12 yrs)
4:15-6:15PM	X	X	X	On Pointe Dance Company	X
5:00-5:55pm	Acro (5-12 yrs)	Musical Theatre/Tap (7-14 yrs)	Ballet/Tap (6-10 yrs)	X	X
6:00-6:55pm	Jazz/Lyrical (7-12 yrs)	Hip Hop (10yrs +)	Jazz/Acro (7-12 yrs)	X	X
6:15-7:00pm	X	X	X	On Pointe Dance Company Solo/Private	X
7:00-7:30pm	Tap (7-12 yrs)	X	X	X	X
7:30-8:25pm	Adult Jazz/ Hip Hop (18+)	X	X	Adult Tap (18+)	X



All classes are eligible to perform in our yearly recital!

Residents

- \$120- 8 Week Session
- \$135 -9 Week Session
- \$150- 10 Week Session

"On Pointe" Dance Company requires students to take the Thursdays 4:15 class, as well as one of the weekly classes for ages 5 & Up. The company will perform locally.

Non-Residents

- \$144- 8 Week Session
- \$162- 9 Week Session
- \$180- 10 Week Session

Discounts

- 10% off 2-3 classes
- 15% off 4-5 classes
- 20% off 6 or more
- *Siblings included

Mornings	Tuesday	Wednesday	Saturday
9:30-10:00am	Intro to Ballet (18 months-3 yrs)	X	X
9:30-10:25am	X	Ballet/Tap (2-4 yrs)	Ballet/Tap (2-4 yrs)
10:30-11:25am	Ballet/Tap (2-5 yrs)	Hip Hop/Tap (2-4 yrs)	Jazz/Tap/Ballet (4-7 yrs)
11:30-12:25pm	X	X	Acro (5-12 yrs)
12:30-1:25pm	Ballet/Tap (3-5 yrs)	X	Hip Hop (5- 12 yrs)
1:30-4:00PM			On Pointe Dance Company- OPEN

**First class free! *We prorate!*

To register please visit: www.cityofpakland.org/prec
Or call Cara today! 954.579.8820



10559 TRAILS END, PARKLAND, FL 33076 | Cara@5678danceinc.com

Acro

This class will be guided towards increasing flexibility, balance, strength, muscle control, discipline and concentration. We will focus on the fundamental acrobatic techniques and incorporating them into dance styles. **Dress Code:** Tan tights and a black leotard, fitted shorts. No Shoes.

Hip Hop

These classes will incorporate a variety of old and new urban dance styles. Hip Hop dancing is very dynamic and helps dancers improve flexibility, develop body balance and coordination. **Dress Code:** Tan tights and a black leotard, fitted shorts and tan leather jazz shoes.

Jazz

Students will learn turns, leaps and jumps as well as today's "hottest" combinations in these fun and exciting Jazz classes. All of our Jazz classes are ballet-based. **Dress Code:** Dance tights, pink or black leotard, and tan jazz shoes.

Musical Theater

This class will help children explore storytelling through dance. Students will focus on learning proper dance techniques and facial expression. Class curriculum is based on ballet techniques layered with Broadway-style jazz movement and includes a proper warm up, stretches and isolation, across the floor progressions and combinations.

Cheer Dance

Learn the fundamentals of cheerleading, cheers, motions, dance, jumps, kicks, voice projections and beginning tumbling in this fun non-competitive class. Students will learn teamwork, trust and cooperation. **Dress Code:** tank top or t-shirt, fitted shorts or leggings and white sneakers.

Intro to Ballet

This class is designed for our youngest dancers who want to express their independence without the assistance of a parent. Dancers will have fun learning moves to popular children's music through singing and movement games. **Dress Code:** Pink tights, pink or black leotard, tutu or ballet skirt and pink leather ballet shoes.

Lyrical

Designed for intermediate to advanced students with previous training in ballet. Students will explore partnering and weight-sharing exercises combined with basic techniques and skills from ballet, jazz and modern. Students must take this class in conjunction with ballet. **Dress Code:** Tan tights, black leotard, fitted shorts and tan leather jazz shoes.

Tap

Learn fundamental tap movements with a warm up of basic exercises, along with center and corner floor work. Classes progress to more intricate steps and combinations. **Dress Code:** Dance tights, pink or black leotard and tan tap shoes required.

Combo Classes

These classes will consist of class time spent in different genres.

Adult Tap

Tap skills will be introduced to formulate a solid level of techniques (shuffles, flaps, cramp rolls, Irish, shuffle ball change etc.) Participants will also be introduced to the basic fundamental music skills. Tan tap shoes are required.

NO CLASS 11/22

Adult Hip Hop

Each class will consist of warm up, free styling, and strength and conditioning to ensure your heart gets pounding.

NO CLASS 9/3 & 10/8



Want your dancer to be apart of a Dance Team but don't have the time? Then our "On Pointe" Dance Company is the solution for you! Our company classes will begin Fall 2018. Our company will perform at local and community events.

Company Requirements

-Ages 5 & up

-Must take Thursday Class 4:15-6:15PM & minimum of one additional class during the week (See PREC Schedule)

-Cost effective costume & jacket fee

-Monthly performances beginning December 2018

